

Best Practice Pad Warm Ups

with **PAT PETRILLO**

R R R R R R R R

L L L L L L L L

R R R R L L L L

R R R L L L R R

L L L R R L L

Best Practice Pad Warm Ups

with PAT PETRILLO

R L R L R L R L R L R L R

L R L R L R L R L R L R L

R L R L R L R L R L R L R L R L

R L R L R L R L R L R L R L R L

R R L L R R L L R R L L R R L L

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R R L L R R L L R R L L R R L L

R L R R L L R L R R L L R L R R

L R L L R R L R L L R R L R L L