

Everything You Need To Become A Rock Drummer

By: Randy Cooke

Hands - Essential Rock Rudiments

Singles: **R**LRL**R**LRL...

Doubles: RRLLRRL...

Paradiddles: **R**LRR **L**RLL...

RLRLRR **L**RLRLL...

RLRLRLRR **L**RLRLRLL...

Combinations: **R**LRLRR **L**RLRLL **R**LRR...

LRLRLL **R**LRLRR **L**RLL...

RLRR **L**RLL **R**LRLRR **L**RLRLL **R**LRLRLRR **L**RLRLRLL...

5-Stroke Roll: **R**LLRR **L**RRLL...

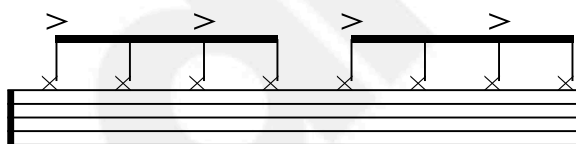
Basic Rock Grooves

1)

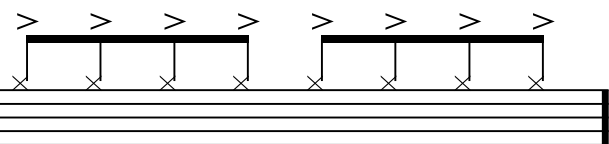


2) Hi-Hat/ Ride Variations

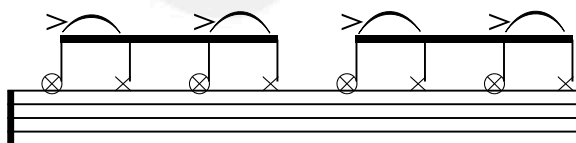
A. Quarter Note Accent Slightly Loose



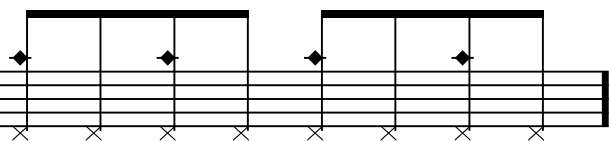
B. Even And Thicker Accents



C. Sloshy Quarter Notes



D. Quarter Note Ride Bell & 8th Note Hi-Hat Foot



E. Quarter Note Ride Bell & 16th Note Hi-Hat Foot



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Rock Fills

1)

A. Basic Fill



B. Add Ghost Notes



C. Add Ruffs



2)

A. Basic Fill

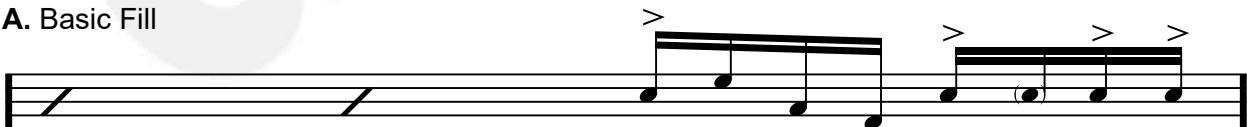


B. Add Flams

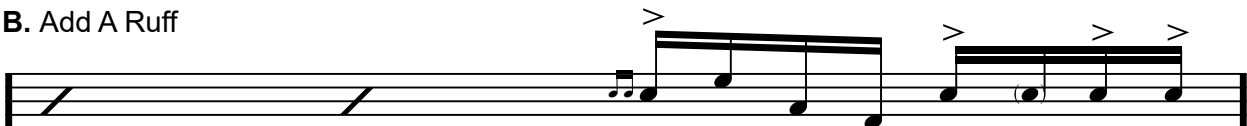


3)

A. Basic Fill



B. Add A Ruff

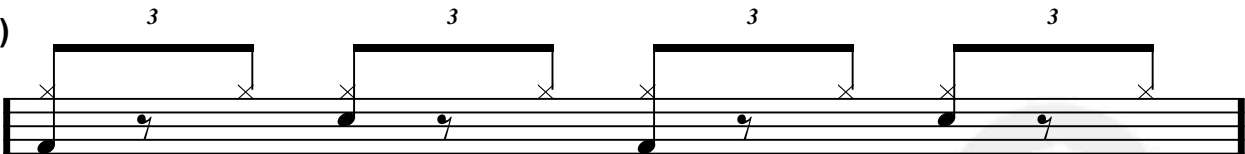


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Basic Rock Shuffles

1)

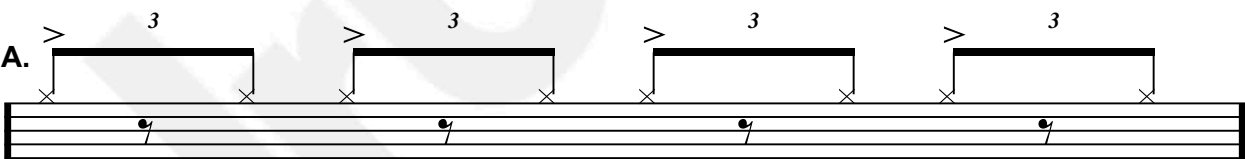


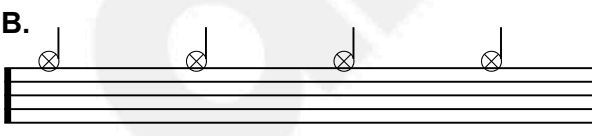

2) Kick & Snare Drum Variations

A.  B. 

C.  D. 

3) Right Hand Variations

A. 

B.  C. 

4) Adding ghost notes between the bass drum and snare accents

